

give children the gift
of yoga



Shakta Kaur Khalsa is the founder of the Radiant Child Yoga Program, IKYTA certified yoga teacher and trainer, AMS Montessori educator, E-500 RYT, and author of several well-known yoga books.
www.childrenyoga.com
www.shaktakhalsa.com

Radiant Child Yoga is one of the most comprehensive and enlightening training programs of its kind!

- ◆ Guidelines for toddlers to teens
- ◆ Yoga stories and games that children love
- ◆ Yoga for SPD, Autism, and ADHD
- ◆ Keeping children engaged and focused
- ◆ Adapting for schools
- ◆ Meditation and breathwork
- ◆ Self-transformational practices for you as the teacher
- ◆ Yoga In Motion songs and movement
- ◆ Collaborate in small groups to present a children's yoga class.

Course includes take-home materials --**books, CDs, DVDs, and manuals**--- all created by Shakta Kaur and valued at \$165



- Opportunity to be listed as a teacher on www.childrenyoga.com
- Certificate of completion for RCYP levels 1 and 2 (19 class hours)
- * CEU credits available for Yoga Alliance, private/ public schools, OT/PT practices

Aug. 22 - Aug. 24. 08
Friday 7 pm - 9:30 pm
Saturday 9 am - 6 pm
Sunday 8 am - 5 pm

\$ 585 early registration by Aug. 01. 08

\$ 645 regular price

No refunds after above date. Processing fee applies with refund.

To Register Contact: Melanie Paulk Abderrahman

Phone: 435 867 9642

Email: yoga@skyviewmail.com

Sage Hills Yoga & Meditation Center

535 S Main Street Suite 12

Cedar City, UT, 84720

www.sagehillsonranch.com

Space is limited to 25 people. We will start a waiting list when this number is met.

Cancellations - 1 week prior to 8/22 - full refund. Up to 72 hours prior- subject to 25% non-refundable fee. Within 48 hours 50% non-refundable fee applies.